

Useful.

Thriving in a cold and infinite universe where everything is done better, cheaper, and faster by robots

The Power of Today

Feeling useful is about being uniquely needed in the world. It's not usually about one big accomplishment, it's the accumulation of little actions that bring to light your impact on the world around you. It's often slow and hard work. That's why it's important to break it down: what can I do *today* to make a difference? Every day, let's plant some seeds to get the garden growing.

1. Things I can do today to MAKE MONEY :

What can you do to bring in earnings today, or is a concrete step in that direction? What could you sell, what could you make, what service could you offer? Be creative, be practical, be yourself.

- 1.
- 2.
- 3.

2. Things I can do today to FEEL GOOD :

What can you do to put a smile on your face, to feel happy or at least at ease? Can you play, can you connect with someone, can you work out, can you start with simple pleasures? Take care of you.

- 1.
- 2.
- 3.

3. Things I can do today to BE USEFUL :

What can you do to make someone else's day a little easier, more productive or pleasant? What are some doable things that'll give you a sense of accomplishment, big or small? Earn a victory.

- 1.
- 2.
- 3.

BONUS:

Is there anything you can do today that fits into **all three** boxes?



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