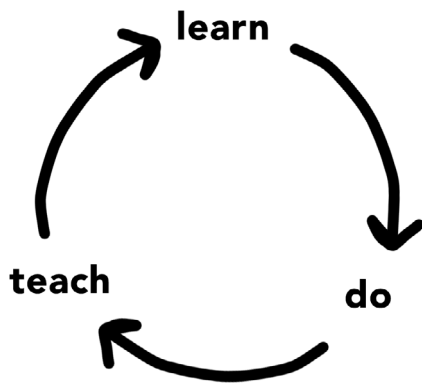


# Useful.

Thriving in a cold and infinite universe where everything is done better, cheaper, and faster by robots

## The Virtuous Circle

Living according to a straight line of cause and effect can make us feel like trained animals motivated only by reward and punishment. Natural life isn't a straight line, it's made of cycles. Those to which we tend, will flourish.



When we **learn**, we enrich ourselves with new knowledge.

When we **do** something, we put what we know into practice, refining and solidifying our knowledge through trial and error.

When we **teach** something, we not only share what we've learned for someone else's benefit, we also clarify it in our own minds.

At the completion of this cycle, we level up, and begin again!

### BONUS:

Can you find **one** field or activity that connects **all three**, to create a virtuous circle where each contributes to the next?

### What can I LEARN today?

How can you feed your mind and spirit with new knowledge?



### What can I DO today?

How can you make use of the things you know in a practical way?



### What can I TEACH today?

How can you share what you've learned with someone else?



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